



434a Narborough Road Leicester LE3 2FS
 T: 0116 289 1317 E: info@smileessential.co.uk W: www.smileessential.co.uk



Design: www.creativepartnersdesign.com



at smile essential we aim to:

- provide high quality dental care for the whole family
- provide clinically excellent dentistry in a modern and calming environment
- help our patients to keep their teeth for life, using the latest dental techniques and preventive treatments
- treat our patients in a caring and compassionate manner, considering always their individual wishes and expectations
- employ a friendly, enthusiastic and highly trained team.

welcome

Smile Essential is a very special dental practice focused on personal service delivered with kindness and compassion.

Here at our practice, we take the time to get to know you personally and what you would really like in terms of dental care. Improving your smile is an easily attainable goal whether you are looking for routine or cosmetic treatment.

We want you to enjoy the inviting surroundings of our patient lounge, where every detail has been considered and created for your pleasure and convenience: comfortable sofas, lcd tv, aromatic oil burners, calming music and a varied selection of current magazines.

At Smile Essential you will be greeted with a warm welcome and given the highest level of attention and clinical skill. We believe in delivering a uniquely positive dental experience and look forward to welcoming and caring for you soon.

Shrikesh Kotecha
BDS (Lond)

Lina Kotecha
BDS (Birm)



does your **smile** prevent you
from feeling or looking your best?



Did you know that when people meet you, the first things they notice are your eyes and your teeth? Your smile is a key part of your unique look - a crucial factor in your image, self-expression and how you interact with others.

By taking care of your overall dental health we can help prevent problems such as gum disease and tooth decay and keep your breath fresh and your smile bright.

There are also many techniques by which we can transform your smile, correcting such imperfections as crooked, uneven, worn down, chipped and discoloured teeth. Many of our patients experience a dramatic increase in their self esteem, which has come from knowing they can smile openly with a new level of confidence.

what we offer

- smile makeovers
- tooth whitening
- porcelain veneers
- white fillings
- metal free crowns
- cosmetic dentures
- oral health care





smile makeovers

A Smile Makeover can transform your smile in as little as three weeks.

After a comprehensive smile assessment, we discuss how best to achieve the most beautiful, natural looking smile, specifically to suit you and your particular features - assessing factors such as face shape, tooth colour and tooth size.

Many of our patients experience a dramatic increase in their self esteem because, often for the first time, they can smile openly with a new level of confidence.

tooth whitening

Teeth naturally yellow and discolour over the years, but staining is made worse by such things as smoking, tea, coffee and red wine. Tooth Whitening gently removes stains, either at home using our custom-made flexible trays and gel, or in the practice using the latest laser technology. The result: your teeth look cleaner and brighter, which can take years off your appearance.

white fillings

Many people have had amalgam (silver) fillings in the past which they now feel are unsightly. White (tooth coloured) fillings are lifelike, long lasting and increasingly popular. We are able to closely match the colour of your teeth so your white fillings look completely natural.

porcelain veneers

Veneers are a simple solution for hiding imperfections such as broken, discoloured and uneven teeth. They are very thin, specially shaped pieces of porcelain that are attached to the front of your teeth to create a beautiful smile. Veneers are strong, durable and beautifully custom made by our master ceramist technician.

metal free crowns

Porcelain crowns are a very successful option for repairing cracked, broken, decayed or heavily filled teeth. A crown completely covers the damaged tooth above the gum line and so protects it. The colour is matched to that of your own teeth and, as crowns are very strong, they can look and feel exactly like natural teeth.

cosmetic dentures

If you have a denture which looks or feels false, we can, in the majority of cases, provide natural looking cosmetic dentures for improved appearance and bite.



oral health care

The major cause of tooth loss in adult patients is gum disease, so effective oral hygiene is vital in order to help keep your teeth and gums in optimum condition, your smile whiter and your breath fresh.

Scaling and polishing will remove stains from coffee, tea or cigarettes. In addition, we will show you brushing and flossing techniques to use at home. This way you can avoid fillings, reduce dental fees, maintain fresh breath and help keep your teeth for life.

We look forward to helping you achieve the feeling of well-being that comes when you know that your mouth is healthy and you are fully equipped to keep it that way.



general information

opening times

Monday:	9.00am-1.00pm	2.00pm-6.00pm
Tuesday:	8.30am-1.00pm	2.00pm-6.00pm
Wednesday:	9.00am-1.00pm	2.00pm-7.00pm
Thursday:	8.30am-1.00pm	2.00pm-6.00pm
Friday:	8.30am-2.00pm	Saturday: by appointment only

payment

We accept Cash, Cheques, and most major Debit or Credit Cards. We also offer interest free finance and Smile Plan - our monthly membership plan. Please ask for details.

emergencies

We reserve time for patients who are in pain so that we can make emergency same day appointments. Outside normal hours, an emergency telephone number will be given on our answerphone.

cancellations

Please notify at least 48 hours in advance of your appointment time if unable to attend. Failure to do so will incur a short notice cancellation fee.

promises + expectations



We promise to:

- Treat you with respect and understanding.
- Listen and respond promptly, sympathetically and constructively to all comments.
- Exceed all requirements for safety and sterility within the practice.
- Use only proven, safe and biocompatible materials and techniques.
- Invest constantly in acquiring new knowledge, skill and technology.

We ask you to:

- Arrive in good time for your appointments.
- Follow our instructions to care for your smile.
- Attend review and maintenance appointments as advised.
- Pay for treatments when requested.
- Talk to us, let us know what you think of what we do; right and wrong.
- Help our practice grow by recommending us to your family, friends and colleagues.

what our patients say



'The team at Smile Essential have given me confidence which I never experienced from a dentist before. I cannot thank you enough for the treatment you have done for me. I would highly recommend you to everyone.' Mr FB (Leicester)

'Lina, you have completely restored my faith in dentists; my new smile is so much better and I have really appreciated your sympathetic and caring approach - thank you!' Mrs HL (Western Park)

'Thank you so much for helping me get my smile back! It has made a tremendous difference to my self confidence.' Mr BS (Leicester Forest East)